

## Printable Format

To print this page, use your browser's "print" button. Then click "back" to return to the site.



## RACKS Recipes: Moose

---

### Italian Meatballs

1-2 lbs ground moose or beef (you may substitute Elk, Venison and Bear)  
1 egg  
1 c. bread crumbs (Italian seasoned)  
1/2 c. milk  
2 tsp. grated Parmesan cheese *Optional*  
1/2 tsp. oregano  
1 tsp. parsley flakes  
1 tsp. onion flakes, powder or salt  
1/2 tsp. garlic powder

Combine ingredients. Shape into 1 1/2 inch meatballs. Place in covered skillet (fry pan) in oven 15 minutes (325-350 degrees). Do not overcook. Turn meatballs over. Cook for another 15 minutes. Drain liquid. Place meatballs in desired spaghetti sauce. Heat until sauce is hot and serve.