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## RACKS Recipes: Bear

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### Bear Steak

Marinate steak for 24 hours; wipe dry.

#### SAUCE:

4 sliced onions  
3 tbsp. butter  
1 c. water  
Salt & pepper to taste  
1 clove garlic, crushed  
3 tbsp. chives  
1 tsp. prepared mustard  
2 tbsp. tomato paste  
1 dash of Worcestershire sauce

Sauté onions in water and butter. Season with salt and pepper. Add remaining ingredients and simmer a few minutes. Broil steak to desired doneness. Put on platter and pour sauce over steak. Add buttered sautéed mushrooms.